

Spring is definitely in the air as I write from my Devon woodland. Birds are singing very loudly, and considering that the threat of frosts are not over till well into March, I hope they don't start nesting before there's enough food for them to feed their chicks!

This edition includes a summary of the timely February session and an overview of coming events from March onwards, including our contribution to the CCA Spring Festival. Please register through the CCA website Coming Events page.

Past events : Thursday 13 February Preparing to Coach in Times of Disruption
with Dr Katarzyna Schubert-Panecka and Dr Diana Collett

The timing could not have been more appropriate for this session as Trump 2.0 assisted by Elon Musk and his DOGE team roared into disruptive action on every stage possible. We considered together the impact of these huge shifts on climate action and on ourselves as we prepare to coach.

Guided by **Nancy Kline's Thinking Environment** approach, we explored our inner responses to these VUCA shifts in pairs and a group discussion. Participants responded to Katarzyna's beautiful question "What quality will help each of us hold space with humility?", offering

- Open-mindedness and open heartedness
- Compassion, wider systems thinking
- Empathy
- Listening in the round, hearing what else is going on in the person's life that impacts their thinking apart from the core concern

We reflected that coaching is a partnership and so balancing self regulation with sharing those emotions adds to the depth and psychological safety. We didn't record the entire session or the breakouts, there is video of the closing discussion and the slides on the CCA Past Events page

here <https://www.climatecoachingalliance.org/event/preparing-to-coach-in-times-of-disruption-political-pod-event/#>

SPECIAL EVENT Tuesday 11 March 1100 to 1200 GMT

The Political Pod has been invited to speak about the Shaping Tomorrow Playbook to the UN PRME Working Group for Climate Change & the Environment Webinar. This is a key audience for the messages of our Playbook, and a big compliment to its relevance right now.

You are invited to attend on Tuesday 11 March, please REGISTER via the UNPRME website here <https://us02web.zoom.us/meeting/register/U4J8I6hjQpu0hDJhbRL6XA#/registration>

The PRME Working Group on Climate Change and Environment is delighted to host *The Climate Coaching Alliance* for a webinar on '**Climate Coaching for Shaping Tomorrow!**' The webinar will focus on how Climate Coaching skills can move beyond these barriers to change and we will provide tools and strategies that educators can

introduce into their teaching, research, and collaborations to enhance learning and leadership for a more sustainable future. Specifically, the session will explore:

- Connecting with personal feelings;
- Helping students to become effective change-makers (knowing how to use their power);
- Learning how to influence business leaders;
- Helping policy-makers to create environmentally conscious policies.

This webinar is brought to you by skilled and experienced coaches from the Climate Coaching Alliance (CCA). CCA is a global community of practice dedicated to transforming the coaching profession and its impact on creating a sustainable future. Presenters include Dr. Diana Collett, Dr. Josie McLean, Jackie Arnold, and Dr. Katarzyna Schubert-Pancecka.

NB The webinar will be recorded and hosted on the UN PRME website.

REGISTER <https://us02web.zoom.us/meeting/register/U4J8I6hjQpu0hDJhbRL6XA#/registration>

NEXT CCA SESSION: Thursday 13 March 0830 GMT

CCA Seasonal Heartbeats Spring Festival on Creating Community

The Political Pod is contributing to the CCA Spring Festival. You are warmly invited to our **13 March session at 08.30am GMT Creating Community at the Cutting Edge of Change**, presented by Lydia Stevens, Jackie Arnold and Dr Wassim Dbouk.

Please register

here <https://zoom.us/meeting/register/cB7lXSf5T26TlQLC64pmJg#/registration>

We are all living in a world of change. Digitising *everything* has drastically changed what we do, how we think, and how we connect. More than ever before our planetary future relies on us strengthening a sense of community. We increasingly realise that we **cannot** build a future without inter-dependence with each other and with the natural world.

What ever happened to community spirit? Do you remember camping, telling stories around a fire and toasting marshmallows?

- *How can coaching play a role in re-kindling the fire – strengthening our sense of community and belonging?*
- *And why does this matter?*

In this session Lydia Stevens will discuss lessons from her and Jackie Arnold's experience of creating a digital global community, Jackie will interview Dr Wassim Dbouk about his community-building strategies: he will expand on how he builds networks and engages community within Lebanon, its diaspora, and COP. Participants will have an opportunity to explore how they can support interconnectedness in their work and communities.

Lydia Stevens - Executive coach and Systems Change Facilitator, Co-founder of Climate Biodiversity Coaching and the Global Climate Biodiversity Coaching Community within the CCA.

Dr Wassim Dbouk, Southampton Marine and Maritime Institute, UNFCCC Climate negotiator for the Ministry of the Environment, Lebanon.

Jackie Arnold - Executive Coach & CSA Dip Coach Supervisor. Co-Director of Climate Biodiversity Coaching, author of “Coaching Skills for Leaders in the Workplace” & “Coaching Supervision at its BEST”.

Please register

here <https://zoom.us/meeting/register/cB7lXSf5T26TlQLC64pmJg#/registration>

Spring session : Book Circles Thursday 10 April 0830 GMT

In April we begin our Book Circles looking at the Shaping Tomorrow Playbook in more depth. Our intention is to start with Step One of the Six Steps and work through the chapter headings. The session will be recorded so other coaches can see how it works for them and use it with their CCA community groups. Your feedback and participation is really important!

- A. Managing inner drivers P16
- B. Know your Theory of Change P18 (covered in January peer support session)
- C. Understand Different Modes of Support P20
- D. Build your Inner Resources P22
- E. Understanding Identities P24

If you can invite a politician to this session, be they international, national, regional or local, get in touch with us at political@climatecoachingalliance.org. We are especially interested to invite the participation of politicians outside Europe, whether from Asia, Africa or the Middle East.

To broaden our outlook and the relevance of our meetings the Political Pod working group would also like to **invite members living in different countries to join our working group**. If you are from Asia, Africa or the Middle East consider bringing your voice to our short monthly admin meeting to decide on topics and discuss speakers.

Thank you for Diana for last month's newsletter, it was nice to have a break! We have 135 coaches on our mailing list from all over the globe, do invite fellow coaches to join us and the CCA at this critical time. Personally I find meeting with such perceptive and compassionate colleagues a great bulwark against despondency and despair. I hope you do too.

Fiona Anderson

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