



# Coaching in and with Nature newsletter

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Dear all

Our community is growing and as ever, we hope that you will develop and shape this special interest pod along with us. It is for all of us, so together we can multiply the value of this work to make a real, positive impact to help nature flourish as we flourish too.

Firstly, gratitude to Amyris Fernandez and Muriel Baur for hosting the May nature pod session. Amyris introduced us all to a powerful Cacao ceremony and a unique perspective on Nature coaching and Muriel gave us an immersive experience in conscious movement using the four elements. It's wonderful to see such cultural and experiential diversity in how we co-coach with nature. .

## Gatherings and Perspectives

To create a light frame, we have set the dates for the rest of the year and are suggesting a monthly rhythm of alternating a Pod Gathering with a Pod Perspectives and the themes aligned with the CCA's Seasonal Heartbeats.

**Pod Gathering** - where we have an informal group discussion around a theme

**Pod Perspectives** - where members of our community bring different methodologies and approaches of working with nature

*\*In all of these, we encourage you to step forward and host/facilitate a Gathering or offer to present/share your way of working in nature for one of the Perspectives.*

**18 July Gathering** - Theme: Collaboration (volunteer hosts please!\*)

19 Sept **Perspectives** - Compassion (Gwenaelle Goeler & Hazel Farrer)

17 Oct **Gathering** - Theme: tbc (volunteer hosts please!\*)

21 Nov **Perspectives** - Permaculture:Permacoaching (Katie & Anna Brown)

19 Dec **Gathering** - Theme: Solstice Celebration (volunteer hosts please!\*)

**(all 18:00-19:30 UTC)**

## Collaboration with Nature – July 18<sup>th</sup> Gathering

Join us as we celebrate the ‘collaboration conversation’ heartbeat season in our next gathering




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***Nature understands how collaboration works as it appreciates the interdependence and interconnectedness of everything and the impact that one action can make on the whole system.***

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How can nature help us design mutually collaborative, non-competitive relationships and systems?

Whereas in business and society, competition is often seen as a foundational pillar and driving force, nature shows us instead, collaborative advantage, mutualism, collective intelligence and co-creating conditions conducive to life.

How can these collaborative principles within nature help us with the processes of shared leadership through understanding animals, insects, natural phenomenon and living systems.

Explore ideas and examples of collaborative relationships witnessed in nature, how we can apply these in nature coaching and how we move from collaboration to co-creation for regenerative futures.

To join us, register here

[18 July Gathering](#)

### How can you contribute?

As a way of pooling information and resources, we are excited to share that the CCA has created this Community Page on the main website and our **new Nature Pod Community Page** is up and running! Take a look and let us know what you think. It is an initial draft and is an ongoing and emergent resource - we have the potential to share videos, documents, resources and links. Do get in touch to share how you might like to make a contribution to this.

You also may be interested in setting up a [Podcast Club](#) or [Book Circle](#)

for the Nature Pod Community. All the resources are at your finger tips on the website for this and we will happily point you in the right direction (and join in too!).



## Articles and Resources

As coaches inspired by working with nature, we are sharing some **recent news stories** we found ourselves drawn to:

- **From South Africa:** an inspirational story about one man's mission to change an abandoned crime-ridden [park into a sanctuary](#) for wildlife and people.
- **From South America:** the remarkable story of [a river that was granted legal rights](#) in Peru, creating a potential blueprint for expanding this innovative approach.
- **From Europe:** echoing the CCA Seasonal Heartbeats theme of Collaboration, for those in or near London, you may wish to join the '[Restore Nature Now](#)' march on 22 June - a collaboration between all the major nature/wildlife charities in the UK.

*do let us have stories and events you think others might appreciate so we can share them!)*

See you at a Gathering or Perspectives very soon!

**Coaching In and With Nature**

CCA